

What is a Young Carer? Google Classroom Code: 4pvpl66

- A Young Carer is a person under 18 who looks after a family member or relative.
- The family member/relative may have a physical disability, mental health issue or a alcohol/drug addiction problem.
- They may have additional responsibilities such as sorting medication/cleaning/helping to feed/helping with hygiene/physically moving people and many other things.

Who can support you?

The Young Carer Team:

- Miss Aitkenhead (Music)
- Miss Henderson (Tech)
- Mr Dunlop (Computing)
- Mrs Ramdhan (Art & ASN)

Depute Head Teachers:

- Mrs Shandley
- Mrs McGeehan

Any teacher you trust.

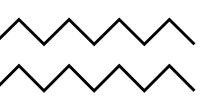
We also work with two groups out of school:

Central Carers (Falkirk & Clacks)

Stirling Carers

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What support can we provide?

The In-School Group:

- People who will listen without judgement.
- The opportunity to meet other Young Carers who understand.
- Fun activities to provide a bit of relief.
- Help with CVs/job applications/benefit advice.
- We can refer you to Central Carers or Stirling Carers if you need extra support.

Central Carers & Stirling Carers:

- Can provide counselling
- Fun out-of-school groups
- Extra support services

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FIRST EVENT...

